incredible!

American Egg Board

Grade 6

Name

Writing an argument (W.6.1)

## An Eggeellent Idea

In the United States, the Food and Drug Administration (FDA) monitors and enforces food labeling laws. Food labels—such as those found on the egg carton in your refrigerator—must be accurate.

**Directions:** Complete this and two other copies of this page to plan an essay that argues the claim below. Remember: an argument is an opinion that is supported by facts, or evidence.

Claim: Reading nutrition labels can be an effective way to maintain a healthy lifestyle.

Main Point #1:

When you read the nutrition label on an egg carton, you'll learn that one egg has six grams of all-natural, high-quality protein. That's great news for anyone who wants to make sure what he eats does his body good!

Supporting fact/evidence:

Source:

Supporting fact/evidence:

Source:

Supporting fact/evidence:

Source: